

Precious Lambs Covid19 Health and Wellness Policy



This Covid19 Health and Wellness policy has been created to comply with the Restore Illinois and DCFS guidelines for safeguarding the health of ALL children in the care of Precious Lambs Preschool. This policy will help prevent children from contracting both viral and bacterial infections. To differentiate, a viral infection is one that does not require medicine and a bacterial infection is one that does require medication, but both are contagious. Accordingly, please note the following, which applies to all staff and children within this facility.

On arrival, children will have their temperature taken, together with the parent and educator, **before** entering the facility. If the child has a temperature, they must be taken home and remain home, as per the health policy, below.

Parents will additionally be asked questions each morning, confirming that their child is symptom free and that their child has not been given acetaminophen or ibuprofen in the last 12 hours.

Symptom	May return when
Temperature of 100.3 F / 37.8 C or higher (orally) or 99 F / 37.2 C or higher (under the arm)	May return to preschool after 10 days or when symptom free
Runny nose	May return to preschool after 72 hours symptom free if nasal discharge is clear.
Cough	May return to preschool after 10 days or when symptom free, whichever is longer
Sore throat	May return to preschool after 10 days or when symptom free, whichever is longer
Difficulty breathing or wheezing	May return to preschool after 10 days or when symptom free, whichever is longer
Unexplained fatigue, aches, or cold/flu-like	May return to preschool after 10 days or when

symptoms	symptom free, whichever is longer
Sinus congestion	May return to preschool after 72 hours symptom free if nasal discharge is clear.
Children who have, or children with others living in the same home who have just returned from international travel	May return after self-isolating for 14 days and being symptom free
Children who have, or children with others living in the same home who have been identified as at-risk of potential Covid19 exposure	May return after self-isolating for 14 days and being symptom free

If your child is diagnosed with COVID-19, he or she may not return to school until ALL THREE of the following criteria are met:

- Child is fever free for 72 hours without the use of fever reducing medication
- Individual is no longer showing symptoms, including cough
- It has been 10 days since the onset of illness

Please note: If your child has TWO of the following concerning for COVID-19 (fever, chills, shortness of breath, muscle aches, vomiting or diarrhea), the child may return to school if one of the following is met: the child is fever free for 72 hours without the use of fever reducing medication, a negative test for COVID-19 is produced, or a note from a medical provider is provided documenting no clinical suspicion of the COVID-19 infection.

Additionally, our pre-COVID health and wellness policy stands:

Children may not attend preschool while they have any of the following symptoms until 72 hours after they are symptom free:

- unusual, unexplained loss of appetite, fatigue, irritability, or headache
- eye infections (such as Pink Eye)
- unexplained rashes *or* any rash that is not confirmed by doctor to be non-contagious
- known or suspected communicable diseases (measles, chicken pox, pink eye, hand foot and mouth, etc.)
- ear infection
- nausea, vomiting and/or diarrhea in the last 72 hours

These are the same symptoms for which we will call you during the day to pick up your child. We ask that you are here within the hour to pick up your child. We can also contact a designated emergency person to pick up as well. If it is necessary for your child to be sent home, they must be free of symptoms for 72 hours (new requirement this year) before they can return to school.

Please inform us if your child contracts anything contagious so that we can inform other parents in the class (i.e. chicken pox, strep, pink eye, lice).

When your child is ready to return to school after an illness, please make sure he/she has been on necessary medication for 72 hours. Please keep in mind that we will not administer any medication while the child is in our care. No medication may be in the child's possession, including cough drops, vitamins, pills, etc. Please also make sure that the child is well enough to play outside.

For any ongoing medication, not prescribed for an acute illness, or fitting the above situations, please see the Director to discuss possible arrangements.

ACKNOWLEDGEMENT:

I have received a copy of the preschool's wellness policy and agree to abide by it. My child needs to remain at home or will be sent home from school if he/she develops or has been exposed to COVID19, or if he/she develops any suspicious rash, head lice, fever of over 100.2, diarrhea or vomiting, pink-eye, or other communicable illnesses. I am also aware that my child cannot return to Precious Lambs until he/she is symptom free for 72 hours and/or has been on an antibiotic for a full 72 hours.

PARENT SIGNATURE:

DATE:

Parent Confirmation of Child Wellness

I _____ confirm that my child _____

(check all that apply):

has had their temperature taken and is currently fever free

has not been given any fever reducing medications in the past 12 hours

does not have a runny nose

does not have a cough

does not have sinus congestion

does not have difficulty breathing or wheezy breathing

does not have unexplained fatigue, aches, or cold/flu-like symptoms

has not been in contact with anyone that may have been exposed to Covid19 in the last 14 days to the best of my knowledge

has not left the country in the last 14 days

Signature _____

Date _____